

2003 Health and Preventive Practices Status Report

from Missouri County-level Study



Benton County**

	County Prevalence (%)*	Southwest Region Prevalence (%)*	State Prevalence (%)*
G eneral			
Health Status (Fair or Poor)	17.2	18.8	16.9
No Health Coverage	28.5 H	17.4 H	12.3
B ehavioral Risk Factors			
Physical Inactivity	28.2	24.3	23.0
Current Smoker	29.4	26.8	26.5
Overweight (BMI 25-29.9)	43.8	35.6	35.3
Obese (BMI ≥ 30)	27.3	23.4	23.4
D isease and Conditions			
High Blood Pressure	25.7	27.9	28.5
High Cholesterol (35 years or older)	41.1	37.2	37.3
Asthma	12.2	11.6	10.7
Diabetes	7.0	6.4	7.2
Activity Limitation	23.0	18.0	17.8
C ancer Screening			
Women			
Never had a Mammogram	19.2	17.9	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	65.8	52.3	49.4
50-64 years of age	44.1	43.3	35.9
65 and older	50.3	51.3	47.4
Never had a Pap Test:			
18-69 years of age	0.0 L#	4.5	5.1
70 and older	11.5	8.6	6.4
No Pap Test in Last Year (18-29)	0.0 L#	28.1	25.8
No Pap Test in Last 3 Years (30-69)	16.0	13.8	13.8
Men and Women 50 Years or Older			
Blood Stool Test:			
Never had a Blood Stool Test	50.7	51.4	57.0
No Blood Stool Test in Last Year	76.7	74.2	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	59.3	53.4	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	65.0	63.3 H	57.0

*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

** The best indicators for Benton county were obtained by combining data from Benton and Hickory counties.

The number of respondents in this category is 0.